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Tony's Sobering Lesson

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Tony's Sobering Lesson

TAKE PRIDE IN WHAT'S INSIDE WITH...



the INSIDERS

TONY'S SOBERING LESSON



FEATURING...



MARC



SAMMY



CHRISTY

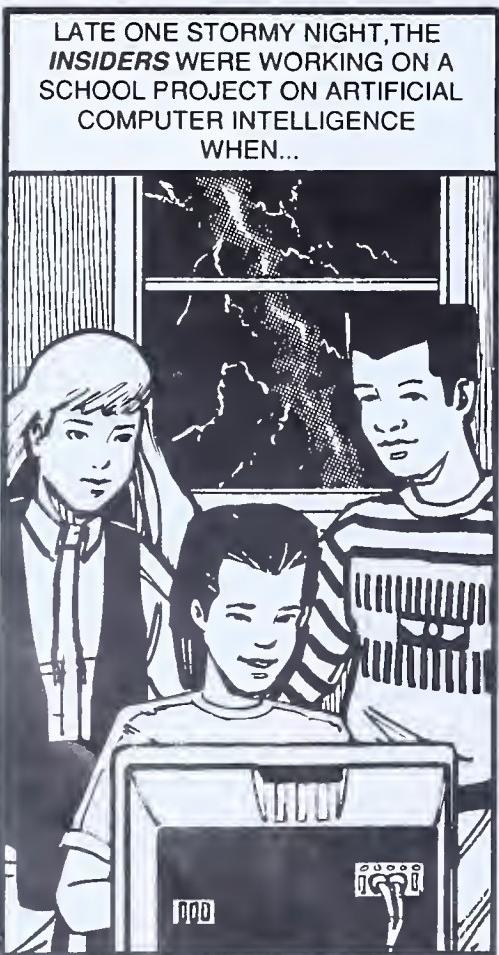
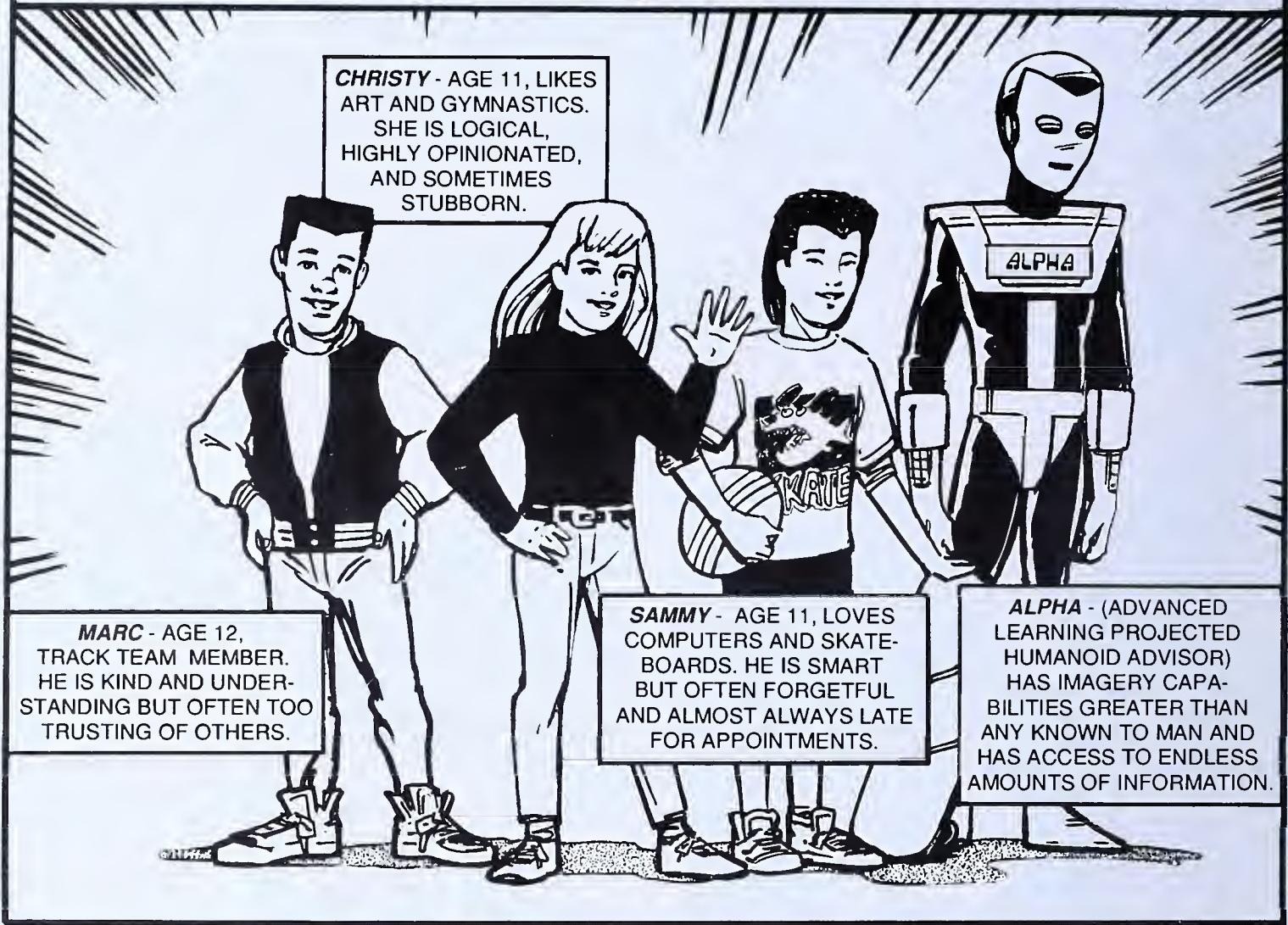


ALPHA

it's time to meet...

the INSIDERS

TM



the
INSIDERS

in
TONY'S SOBERING LESSON

COME ON,
TONY!

YOU'LL BE LATE
FOR THE NEW SCHOOL.

AW, MOM -- THE
FIFTH NEW SCHOOL
IN A YEAR AND
A HALF.

I WISH DAD
WOULD STAY IN
ONE TOWN.

SCRIPT: ANN LUPO
ART: TONY VAN de WALLE, NICK CENTANNI
LETTERING: FRED CARTER
EDITING: DIANA EDWARDS
EDUCATIONAL CONSULTANT:
JEAN KIDD, TEXANS' WAR ON DRUGS

IT'S PART
OF YOUR
DAD'S JOB...
WE HAVE
TO MOVE.

NEW FRIENDS
ARE HARD TO MAKE.
I WISH I HAD MY
OLD FRIENDS HERE.

DON'T WORRY,
YOU'LL BE FINE.
HERE'S YOUR
LUNCH.

DID YOU REMEMBER
YOUR **HOUSE KEY**? I'M
WORKING 'TIL SIX
TONIGHT.

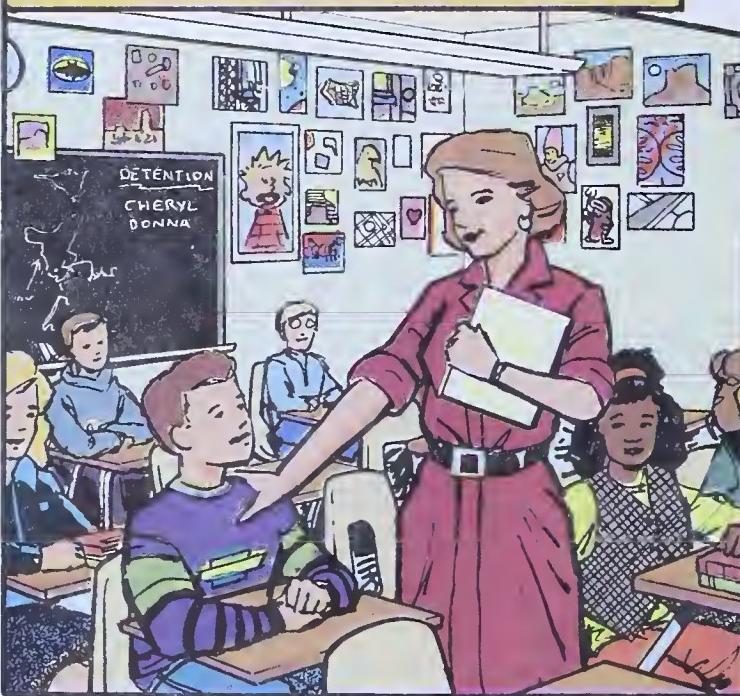
YEAH,
I HAVE IT.

TONY ARRIVES AT HIS NEW SCHOOL.
THE EXPERIENCE IS *FAMILIAR*, EVEN
IF THE SCHOOL ISN'T.

WATTERSON SCHOOL



ONCE AGAIN, HE IS IN A NEW CLASSROOM FULL OF STRANGERS. THE MORNING WEARS ON, AND THEN IT'S...



LUNCHTIME...

YEAH, MY NAME IS TONY.
CAN YOU SHOW ME
THE WAY TO THE LUNCHROOM?

HI, I'M MARC.
YOU'RE *NEW HERE*,
RIGHT?

SURE, THAT'S WHERE
I'M GOING. C'MON.



HEY, WHO ARE THEY?

OH, THAT'S THE OMEGAS.
THEY'RE *KINDA* LIKE A CLUB.

A CLUB! WOW!
HOW DO YOU JOIN?

YOU CAN'T JOIN
THE OMEGAS. THEY
PICK WHO THEY WANT.



THEY LOOK
FRIENDLY.

YOU THINK SO? THEY DO
SOME *Pretty Bad Stuff*.

IT'D BE *NICE*
TO HAVE SOME
FRIENDS.



MEET MY FRIENDS, CHRISTY AND SAMMY. THIS IS TONY. HE'S NEW AT SCHOOL.

HOW'RE YOU *DOING*?

HI, TONY!

SO HOW'S YOUR *FIRST DAY*?



OH, PRETTY GOOD, I GUESS. I'M USED TO NEW SCHOOLS. MY DAD'S JOB MAKES US MOVE A LOT.

IT MUST BE HARD TO MAKE FRIENDS.

YEAH, AND WHEN I DO, IT'S MOVING TIME.

YOU'LL MAKE PLENTY OF FRIENDS HERE.

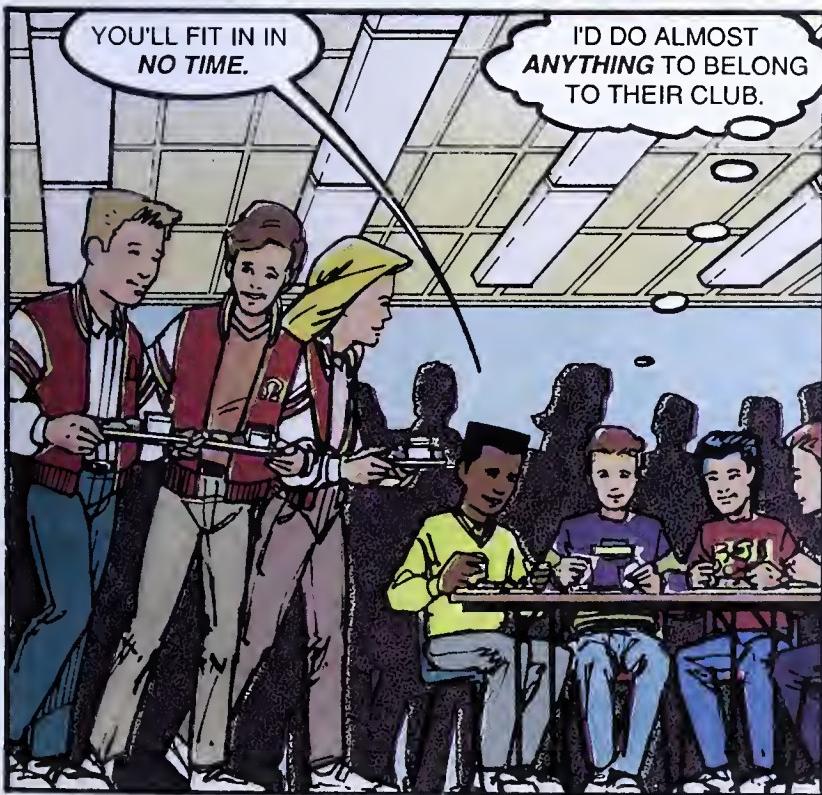
EVERYONE'S REALLY NICE.

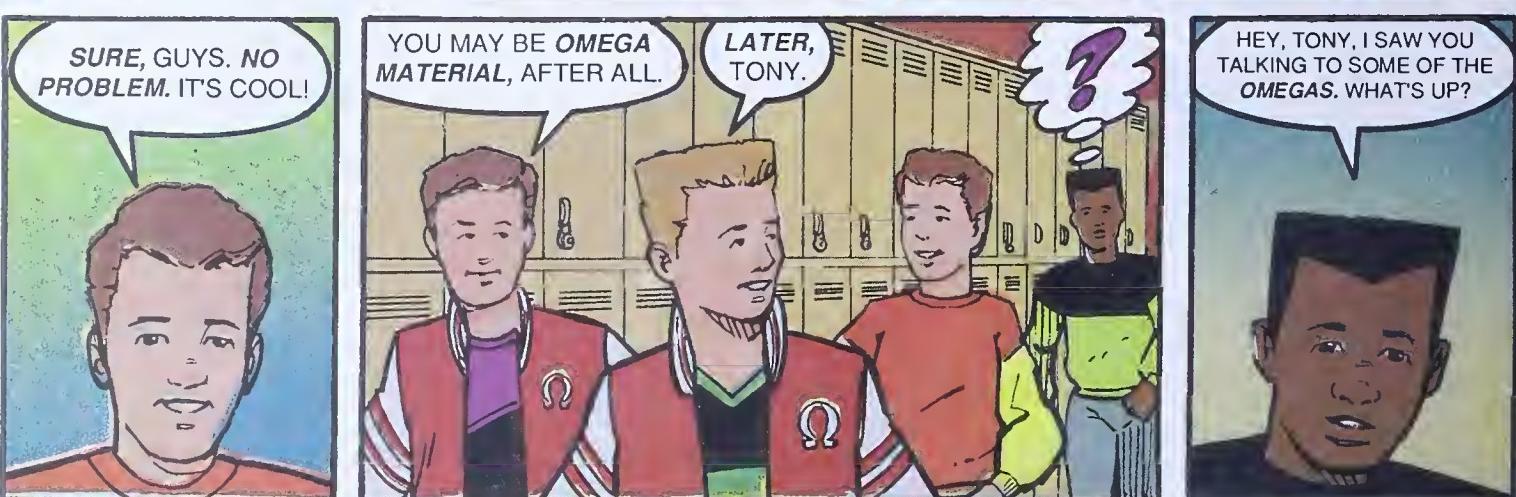
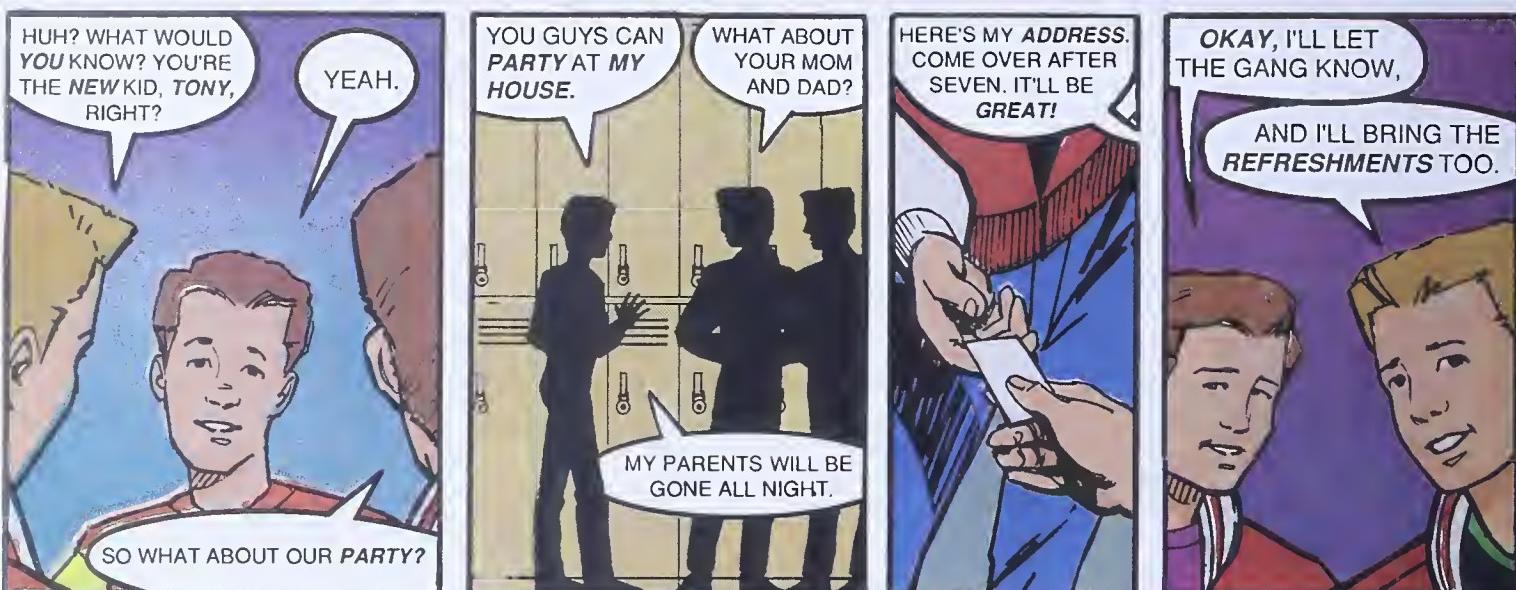


YOU'LL FIT IN IN NO TIME.

I'D DO ALMOST ANYTHING TO BELONG TO THEIR CLUB.

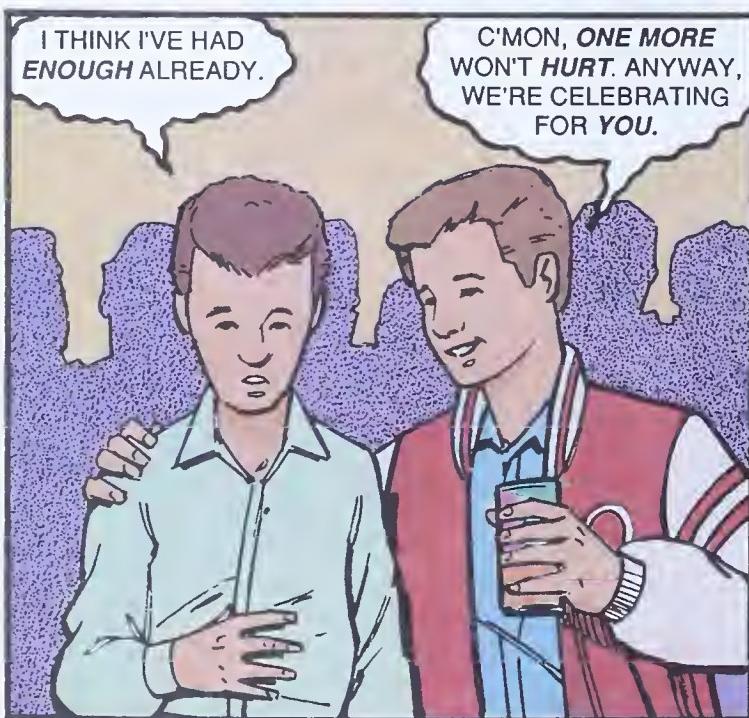
THERE'S GOT TO BE SOMETHING I CAN DO TO GET THEM TO NOTICE ME.

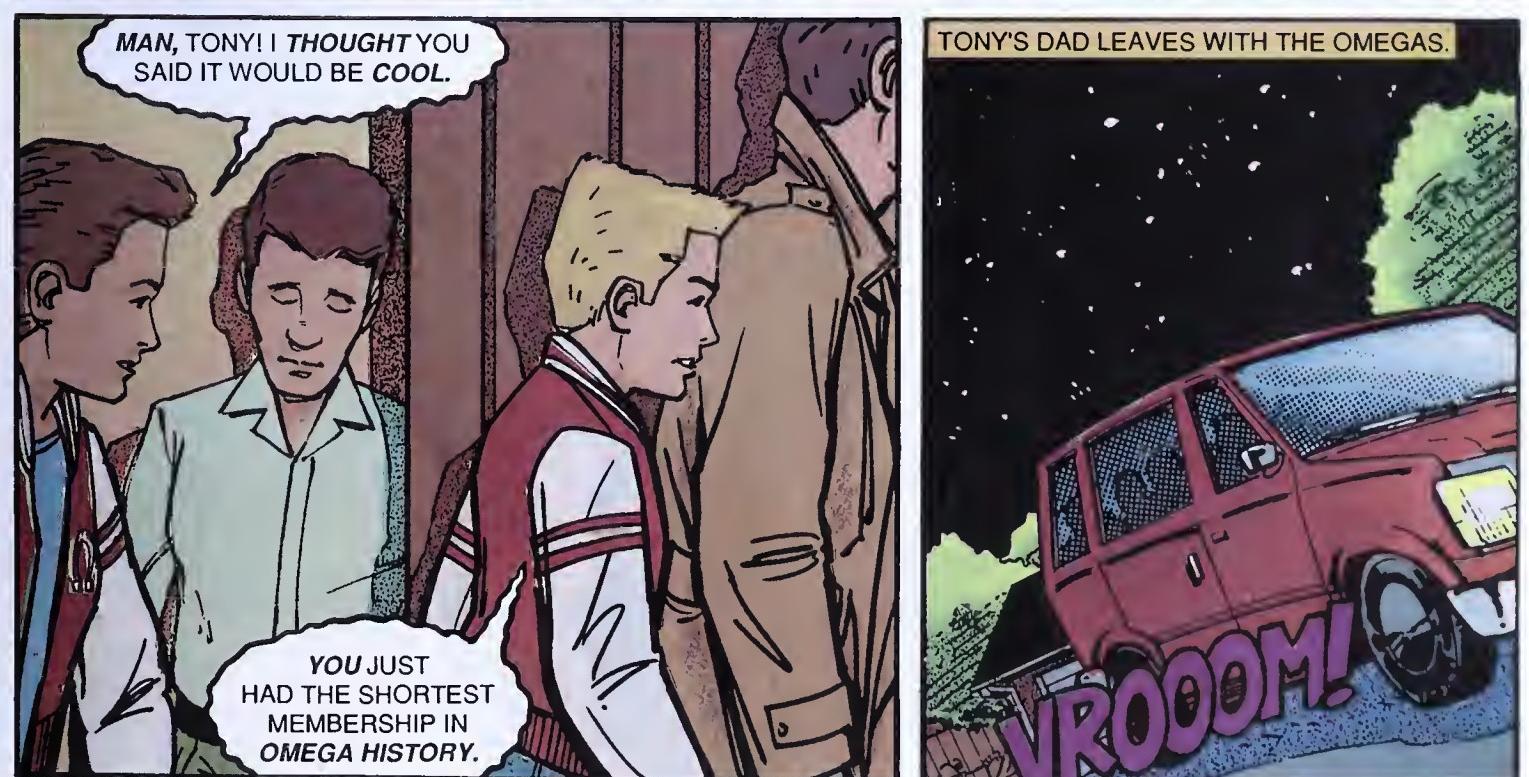
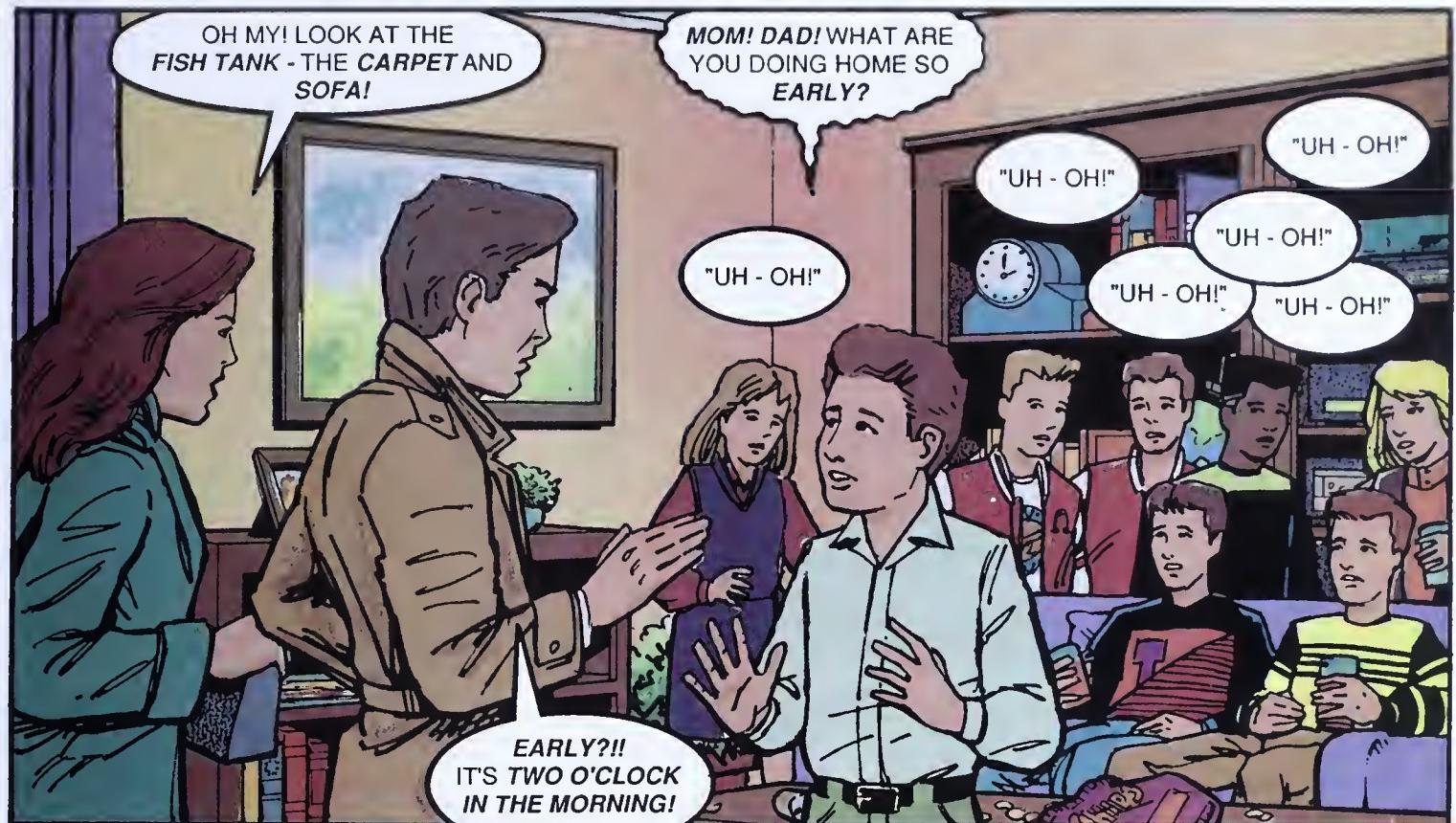


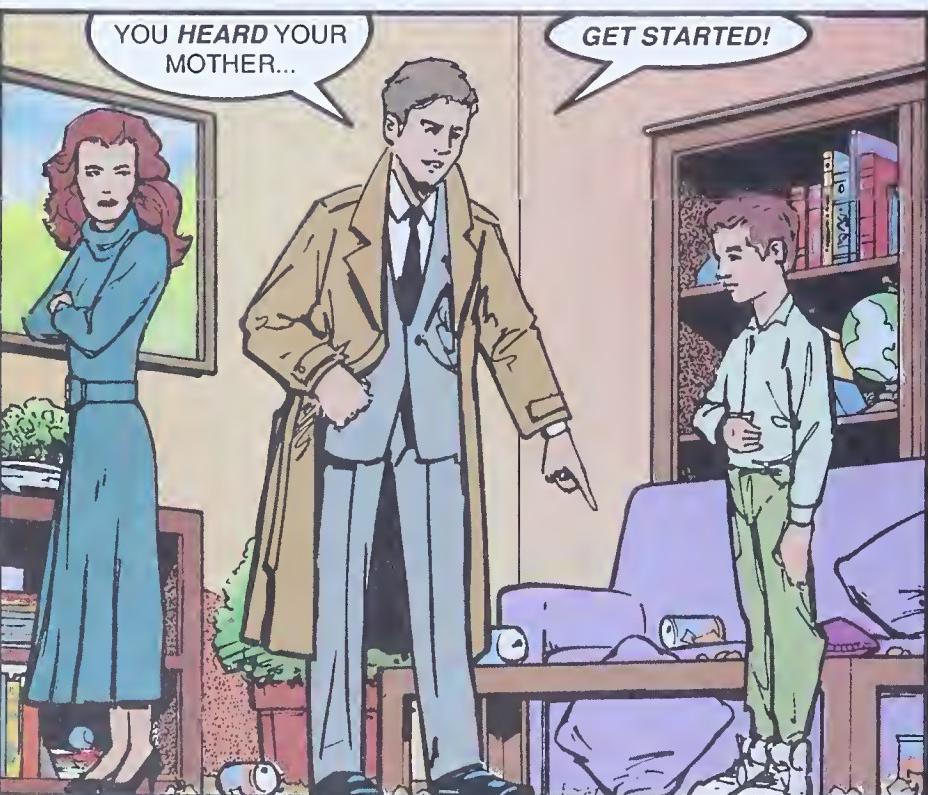


THAT SATURDAY NIGHT...









MONDAY MORNING...

HI,
TONY.

I HEARD
ABOUT THE
PARTY.

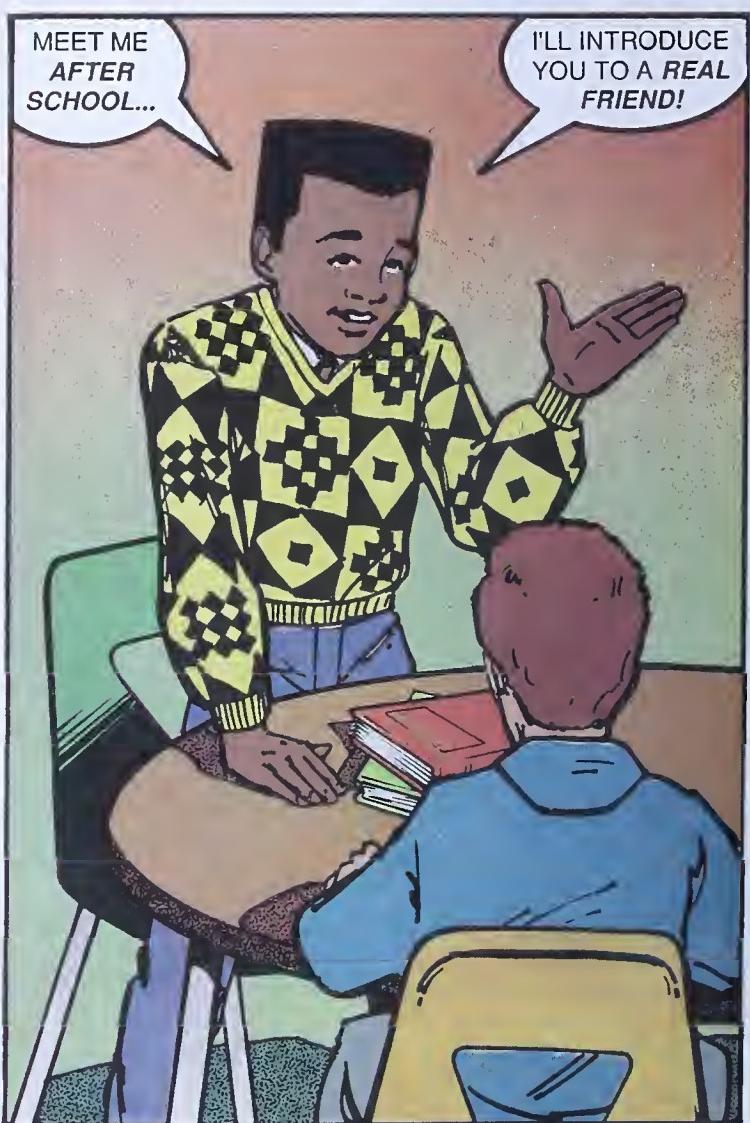
DIDN'T GO LIKE
YOU THOUGHT,
HUH?

NO WAY!
MY PARENTS
ARE REALLY
UPSET!

I'VE GOT TO PAY
FOR ALL THE
DAMAGE.

THE WORST
THING IS THEY'LL
NEVER TRUST
ME AGAIN.





LATER THAT AFTERNOON
AT SAMMY'S HOUSE...

HI,
GUYS!

WHAT'S HAPPENING,
MARC?

HI, TONY!
HOW'S IT GOING?

OKAY,
I GUESS.

TONY NEEDS TO
TALK TO ALPHA.

WHO'S
ALPHA?

YOU'LL SEE.

BEEPI
BEEEEP!

YEAH, HE'LL BE HERE
IN A FLASH!

FASOSSP!

GOOD AFTERNOON.
I SEE YOU HAVE A
NEW FRIEND.

HOW MAY I
HELP YOU?

ALPHA, THIS IS TONY.
HE HAS A *BIG PROBLEM*.
HE AND THE OMEGAS HAD
A PARTY... WITH ALCOHOL.

YES, THAT IS A
PROBLEM. ANY TIME
A PERSON GETS INVOLVED
WITH DRUGS, DIFFICULTIES
ARISE.

ALCOHOL IS A DEPRESSANT
DRUG WHICH AFFECTS THE
NERVOUS SYSTEM. FOR
ADULTS IT IS A LEGAL DRUG,
BUT FOR THOSE UNDER 21
IT IS ILLEGAL.

DRUGS? WHAT
DRUGS?

WHAT
HAPPENS WHEN A
PERSON DRINKS
ALCOHOL?

WHEN A PERSON DRINKS, ALCOHOL
IS ABSORBED INTO THE BLOOD-
STREAM AND IS QUICKLY CIRCULATED
THROUGH THE BODY.

ALCOHOL'S EFFECTS ARE ALMOST
IMMEDIATE: SLURRED SPEECH, BLURRED
VISION AND LOSS OF COORDINA-
TION.

ALCOHOL DAMAGES THE
LIVER, HEART, AND BRAIN.
IT CAN EVEN CAUSE
DEATH.

MANY YOUNG PEOPLE
USE ALCOHOL AS A WAY
TO COPE WITH CHANGES.

OFTEN THEY FEEL
PRESSURED BY
FRIENDS TO
DRINK TO "HAVE
FUN." SOME FEEL
DRINKING ALCOHOL
WILL HELP THEM
BE ACCEPTED.

USING ALCOHOL TO
DEAL WITH PROBLEMS
ONLY MAKES PROB-
LEMS WORSE.

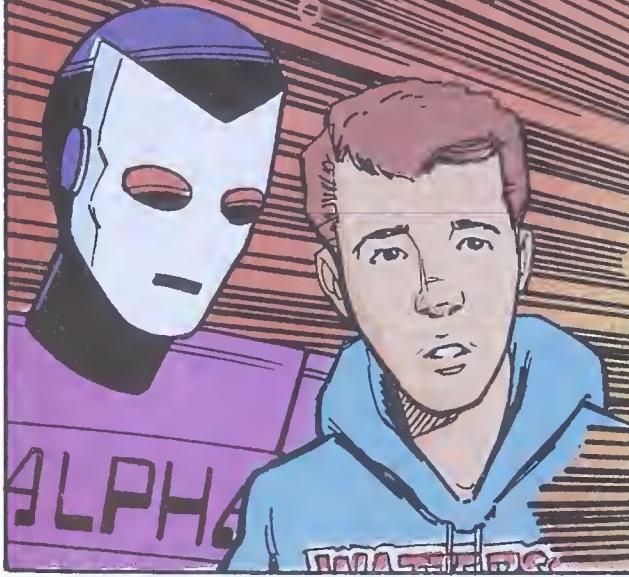
I CAN SURE
UNDERSTAND
THAT.

ALCOHOL IS A POWERFUL
DRUG THAT AFFECTS HEALTH,
IMPAIRS JUDGEMENT AND ALTERS
BEHAVIOR. IT CAN MAKE YOU DO
THINGS YOU WILL LATER REGRET.

BUT I JUST
HAD A COUPLE
OF BEERS. I
DIDN'T EVEN
DRINK THE HARD
STUFF.

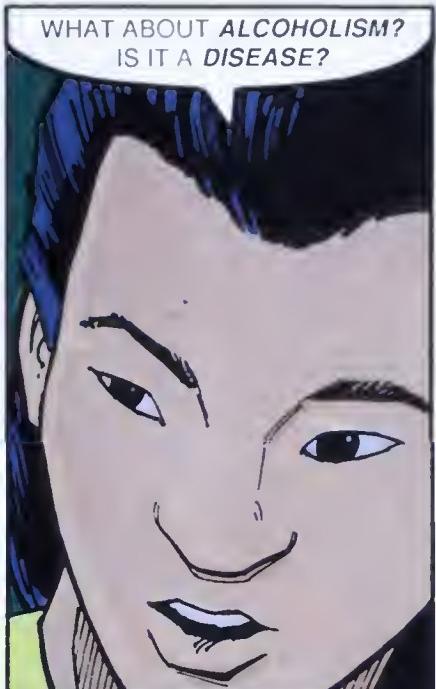
BEER, WINE, WINE COOLERS, AND LIQUOR
ALL CONTAIN ALCOHOL. A 12-OUNCE BEER
CAN HAVE THE SAME EFFECT AS 1½-OUNCES
OF LIQUOR, 5-OUNCES OF WINE, OR A
9-OUNCE WINE COOLER.

I THOUGHT BEER WAS O.K.
BOY, WAS I WRONG.
DRINKING ANY KIND OF ALCOHOL
IS JUST PLAIN STUPID.





ALCOHOL IN ANY FORM CAN BE ADDICTIVE, ESPECIALLY IF A PERSON BEGINS ABUSING THE DRUG AT AN EARLY AGE. PEOPLE WHO USE ALCOHOL ARE MORE LIKELY TO USE OTHER DRUGS, TOO.



WHAT ABOUT ALCOHOLISM? IS IT A DISEASE?



YES, ALCOHOLISM AFFECTS THE ENTIRE FAMILY... BUT ALCOHOLISM IS TREATABLE.



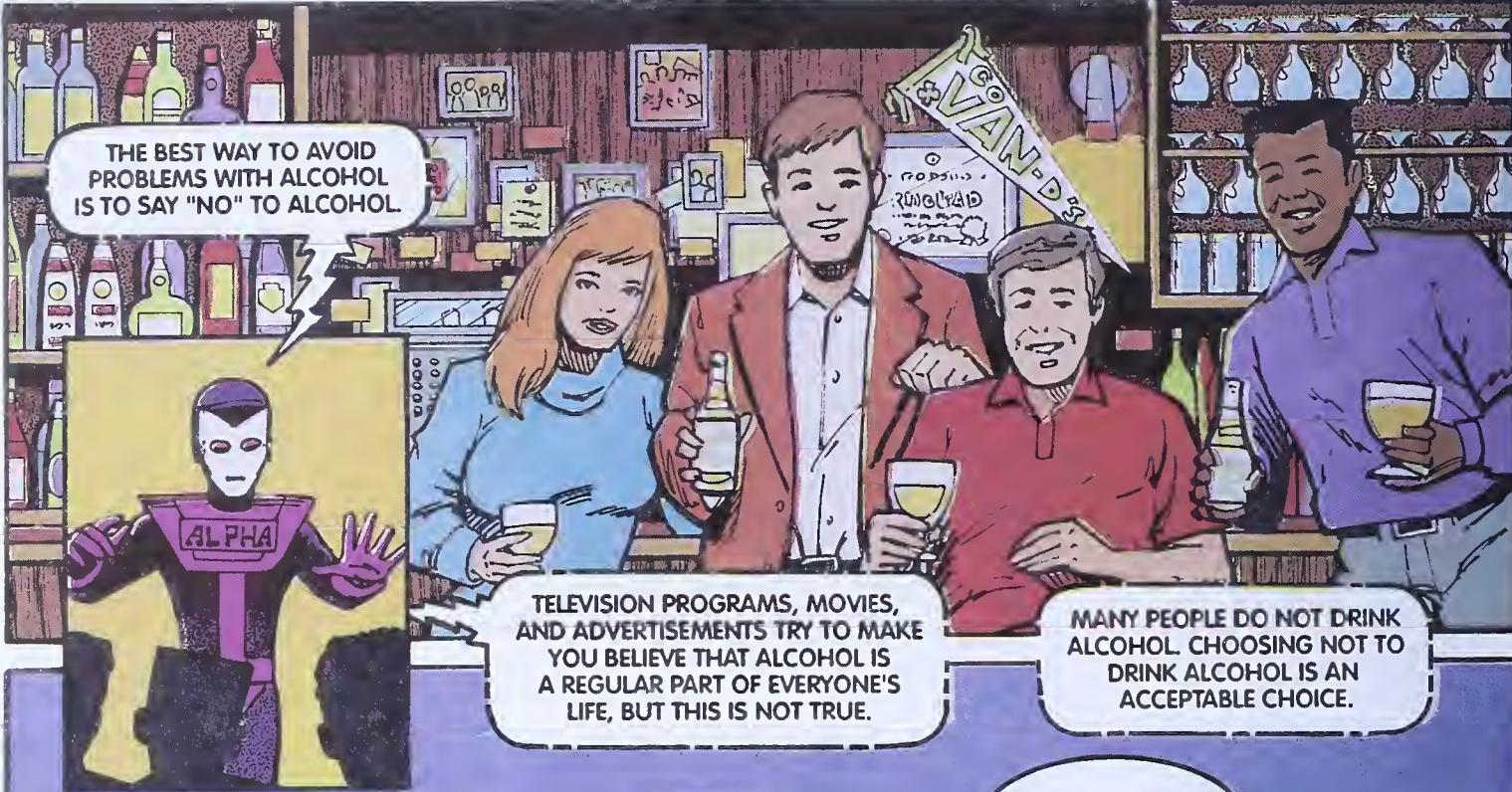
TO GET HELP, ALCOHOLICS MUST FIRST ADMIT THEY HAVE A PROBLEM. THEN THEY MUST COMPLETELY STOP USING ALCOHOL.



WHERE CAN YOU GO TO GET HELP?



ALCOHOLICS ANONYMOUS, AL-ANON, AND ALATEEN CAN HELP. ASK YOUR SCHOOL COUNSELOR FOR MORE INFORMATION.



THE BEST WAY TO AVOID PROBLEMS WITH ALCOHOL IS TO SAY "NO" TO ALCOHOL.

TELEVISION PROGRAMS, MOVIES, AND ADVERTISEMENTS TRY TO MAKE YOU BELIEVE THAT ALCOHOL IS A REGULAR PART OF EVERYONE'S LIFE, BUT THIS IS NOT TRUE.

MANY PEOPLE DO NOT DRINK ALCOHOL CHOOSING NOT TO DRINK ALCOHOL IS AN ACCEPTABLE CHOICE.



NEVER FEEL PRESSURED INTO DRINKING ALCOHOL THERE IS NOTHING WRONG WITH SAYING "NO". SAYING "YES" TO ALCOHOL CAN HAVE SERIOUS CONSEQUENCES.



ALPHA

DRINKING IS BAD FOR
MY HEALTH. I DON'T NEED
ALCOHOL TO FEEL GOOD,
AND I DON'T NEED FRIENDS
WHO DRINK.

YEAH-ALCOHOL WON'T HELP
YOU MAKE THE RIGHT KIND OF
FRIENDS.THOSE OMEGAS ONLY USED
YOU FOR WHAT YOU COULD DO FOR
THEM. **TRUE FRIENDS ARE SUPPORTIVE,**
NOT DESTRUCTIVE.

LISTEN, TONY,
WE'LL BE YOUR
FRIENDS.
THERE'S ONLY
ONE CATCH.
TELL HIM, CHRISTY.

OH NO!!
WHAT DO I HAVE
TO DO NOW?



the **INSIDE TRACK**

ANSWER THE FOLLOWING QUESTIONS.

1. Why did Tony want to join the Omegas?

2. Tony felt that he had to drink alcohol to belong to the group. What was wrong with his reasoning?

3. List three beverages which contain alcohol and explain what happens to a person who uses them.

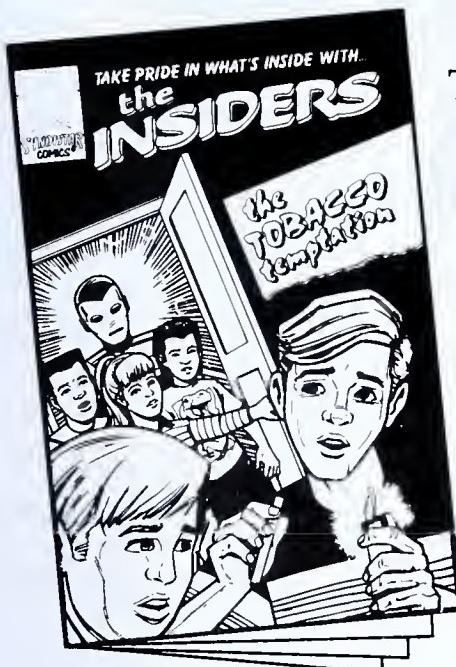
4. ALPHA stated that choosing not to drink alcohol is an acceptable choice. List five reasons why people say no to alcohol. Can you think of other reasons not listed in the story?

5. Tony knew bringing alcohol to the party was wrong. How could he have handled the situation differently?

6. Look in your local telephone directory and list the names and phone numbers of organizations which offer help to alcoholics and their families.

7. With whom can you share what you've learned today? Write what you would tell them on a separate sheet of paper and give it to the instructor.

Ask for these other exciting issues featuring ALPHA and the Insiders!

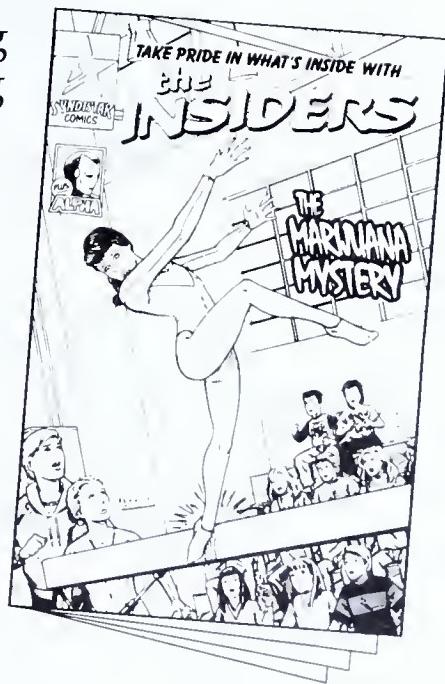


THE TOBACCO TEMPTATION

Russell and his friend are surprised when they are caught with cigarettes in the basement of the library. The Insiders and ALPHA confront Russell with the dangers of cigarette smoking and chewing tobacco. Students learn how advertising influences decision making.

THE MARIJUANA MYSTERY

Holly knew that smoking marijuana was bad, but refusing Mike's offer to smoke might ruin her chances of being asked to the Spring Dance. By smoking marijuana, Holly places herself in danger and jeopardizes her school's chance of winning the state championship. ALPHA explains how marijuana affects the body and helps Holly learn how to be a real winner by standing up for what she believes.





TONY'S SOBERING LESSON

DEPARTMENT OF HEALTH

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